



FREE PARENTING FORUM

# THE TEEN BRAIN

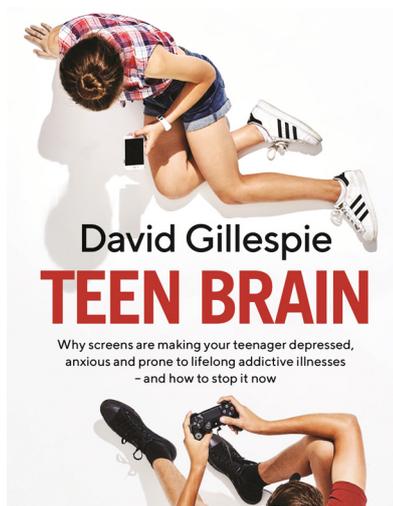
WITH DAVID GILLESPIE

Why screens are making your teenagers depressed, anxious and prone to lifelong addictive illnesses – and how to stop it now.

David Gillespie is one of Australia's most trusted non-fiction authors.

Many parents are starting to feel a deep sense of unease at the amount of time their kids spend on devices.

David will detail how complicated a teenage brain is and discuss how to set out clear, reasonable and effective rules to help you confidently manage your kids' use of screens at a critical point in their lives.



WEDNESDAY 18  
MARCH 2020

7.00pm–9.00pm including light  
supper from 6.15pm

## VENUE

OneHope Centre  
4–32 Province Boulevard, Highton

## BOOKINGS

[tinyurl.com/DavidGillespieGeelong](https://tinyurl.com/DavidGillespieGeelong)

This is a free event but bookings are essential.