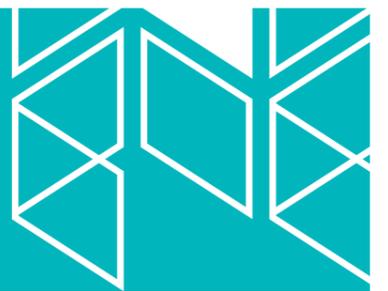


FREE MENTAL HEALTH PANELS



BOOK
NOW



MENTAL HEALTH AND YOUNG PEOPLE

Do you have a young person in your life struggling with mental health issues? Expert panellists will provide insights including signs of concern, how and where to seek help and how to get support while looking after a loved one.

Torquay Library Thursday 10 October, 6:30pm - 7:30pm

Newcomb Library Wednesday 16 October, 6:30pm - 7:30pm

Lara Library Tuesday 22 October, 6:30pm - 7:30pm

Belmont Library Thursday 31 October, 6:30pm - 7:30pm

Book at www.grlc.vic.gov.au/whats-on



www.grlc.vic.gov.au

