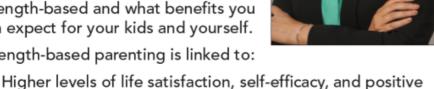


We can't always protect our kids from the outside world, but we can build them up from the inside and make them psychologically strong.

Join us as Professor Lea Waters weaves together science and stories to provide an understanding of taking a strength-based approach to parenting.

Lea shows how you can become more strength-based and what benefits you can expect for your kids and yourself.

Strength-based parenting is linked to:



- emotions.
- Lower levels of depression and anxiety.
- Better ability to cope with friendship issues and homework challenges.

This keynote presenation is suitable for parents, teachers, family therapists, or anyone working with children, parents and families.

THURSDAY 27 FEBRUARY

VENUE

BOOKINGS

This is a free event but





