

THE CITY OF
GREATER GEELONG

PARENTING YOUR TEENAGER



Are you mystified, anxious, angry or have just given up trying to understand your teenager?

Parenting your teenager is a six week program providing parents with a greater understanding of their teen's emotional experiences while teaching specific skills that can assist in being supportive, empathic and staying connected with the young person.

The six week program explores topics including:

- What is normal adolescent behaviour?
- Can you still have fun with teenagers?
- Knowing when you should be concerned.
- The important art of continuing to communicate with your teen, even when they don't say much.

PROGRAM DETAILS

DATES	Wed 16, 23 & 30 Oct, 20 & 27 Nov & 4 Dec
TIME	7.00pm – 9.00pm
LOCATION	Ariston House, 245–249 Pakington Street, Newtown
RSVP	Register your interest online: www.geelongaustralia.com.au/parenting and click on Programs or contact Regional Parenting Service on 5272 4741
AGE	13 to 18 years
COST	Free



CUSTOMER SERVICE CENTRE

Geelong
100 Brougham Street,
Geelong VIC 3220
8:00am – 5:00pm

CITY OF GREATER GEELONG

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