



Senior Expo  
Evening  
2019

Saint Ignatius College  
Monday February 18th

## Program Session Information

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### Year Level Meetings:

<b>7.00pm</b>	<i>Year 10 Information and meet the Homeroom Teacher</i>	S1, S2 and S3
<b>7.00pm</b>	<i>Year 11 Information and meet the Homeroom Teacher</i>	College Gym
<b>7.00pm</b>	<i>Year 12 Information and meet the Homeroom Teacher</i>	M1, M2 and M3

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### Workshop Sessions:

<b>7.25pm &amp; 8.00pm</b>	<i>VCAL / VET Information Presenter: <b>Kirsty Allan</b></i>	M10
<b>7.25pm &amp; 8.00pm</b>	<i>Elevate Ed: Time Management / Study Skills Presenter: <b>Elevate Ed</b></i>	College Gym
<b>7.25pm &amp; 8.00pm</b>	<i>Earning a rewarding career in the 21st Century Presenter: <b>Bruce Connor / External</b></i>	S5 and S6
<b>7.25pm &amp; 8.00pm</b>	<i>How to parent young adults Presenter: <b>Leigh Bartlett (BATForce)</b></i>	M4
<b>7.25pm &amp; 8.00pm</b>	<i>Wellbeing: Dealing with the stresses of Senior School Presenter: <b>Olivia Whitehead</b></i>	M8
<b>7.25pm &amp; 8.00pm</b>	<i>VCE Information Presenter: <b>Michael Brown</b></i>	S1, S2 and S3
<b>7.25pm &amp; 8.00pm</b>	<i>VCE ATAR and Study Scores: How to understand the data? Presenter: <b>Karen Perkins</b></i>	M1, M2 and M3

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## **Year 10 Information and meet the Homeroom Teacher**

**S1, S2 and S3**

Year 10 is an exciting year in which students enter the senior school of Saint Ignatius College.

With this comes growing expectations of independence, maturity, increased workloads and the balancing act of school, work and other commitments. Students begin to follow their pathway choices with an individualised timetable.

Career planning is a key aspect of Year 10 with a highlight being a midyear block of work experience.

Tonight is an informal chance to meet your child's homeroom teacher and the Year Level Coordinator to ask any questions and begin important relationships for this upcoming year as key events and expectations are outlined.

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## **Year 11 Information and meet the Homeroom Teacher**

**College Gym**

Year 11 is an important year in your daughter/sons life as they begin the rigours of their VCAL/VCE education.

This stage of education presents many challenges for students, but also provides them with opportunities to develop their personalities and branch further into the areas in which they are choosing to pursue.

This is an exciting year where your students will not only be encouraged to work vigorously at their studies, but also to be involved in the many fabulous activities our College can offer them. As they are the leaders of our College, we encourage them to be involved and be excellent role models for the younger members of the school.

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## **Year 12 Information and meet the Homeroom Teacher**

**M1, M2 and M3**

Year 12 is a unique year for your child. While the focus is on the VCE, VCAL and VET outcomes, it should also be remembered that the next nine months should be the most memorable and rewarding time of your child's schooling life.

Our aim is to equip your daughter and son with the necessary skills and fortitude to embrace the challenges of both Year 12 and life after school and to also see them tackle life with enthusiasm and to participate in all the opportunities the year presents.

Tonight is an informal chance to meet your child's homeroom teacher and the Year Level Coordinator to ask any questions and begin important relationships for this upcoming year as key events and expectations are outlined.





**Kirsty Allan**

## VCAL/VET Information

**M10**

The move from middle to senior secondary school is a major milestone for your child.

It's a time of big changes in their development, education and life. Senior Secondary School provides opportunities to challenge your child and to develop the valuable skills they will take into adulthood.

Learn about the VCAL/VET pathway, it's structure, senior school expectations and requirements and how you can help your child to reach their full potential.

## Elevate Education

As part of that evening, there will be two interactive presentations conducted by Elevate Education that focuses on maximizing student performance and generating positive relationships between parents and their daughters or sons undertaking this academic pathway

### Elevate Ed: Time Management / Study Skills

**College Gym**

- Developing routines to balance study and lifestyle
- Working smart by completing high value work
- Utilising study groups to leverage time
- Techniques for overcoming procrastination



**Bruce Connor**

## Earning a rewarding career in the 21st Century

**S5 and S6**

This presentation will outline the process a student at Saint Ignatius College can undertake in order to determine a personally rewarding career. It will also include the skills employers are looking for in this rapidly changing world we live in.

In addition, an ex-student will be invited to share their experience to date.



**Leigh Bartlett**

## How to parent young adults

**M4**

Hallmark don't make a card that congratulates you for having a young adult and not sure why as it needs to be celebrated!

This session focuses on strategies for raising young adults. How do we keep the door open for our 'child' when they need the love and comfort of a parent or carer and at the same time not rush in when our 'young adult' wants to try to do things their way.

Yes they will begin to make their own decisions, have their own relationships and make their own choices- how do we ensure we keep find the balance between giving them space, respecting privacy and keeping lines of communication open.



**Olivia  
Whitehead**

## Wellbeing: Dealing with the stresses of Senior School

**M8**

Senior school is naturally going to be a stressful time for your child, but not all stress is bad.

This presentation will look at how students and their parents can make the most of stress using a Growth Mindset to not only survive Senior School, but thrive through these challenges so they feel well equipped for the world after High School.

We will explore how to maintain balance, how to keep communication pathways open between student and parent, and how to access additional support around wellbeing and mental health if needed.



**Michael Brown**

### **VCE Information**

**S1,2 and 3**

The move from middle to senior secondary school is a major milestone for your child.

It's a time of big changes in their development, education and life. Senior Secondary School provides opportunities to challenge your child and to develop the valuable skills they will take into adulthood.

Learn about the VCE pathway, it's structure, senior school expectations and requirements and how you can help your child to reach their full potential.



**Karen Perkins**

### **VCE ATAR and Study Scores: How to understand the data?**

**M1, 2 and 3**

If you are unsure about what the ATAR (Australian Tertiary Admissions Rank) is and how it is calculated, then this is the session for you.

The way to ensure that you achieve your best ATAR is to choose your studies according to what you are interested in, what you are good at and what studies you need for future study.

This session will address the purpose of the ATAR, how it is calculated, study scores, and scaling.

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## Year Level Meetings:

<b>Time</b> 7.00pm	Year 10 Information and meet the Homeroom Teacher	Year 11 Information and meet the Homeroom Teacher	Year 12 Information and meet the Homeroom Teacher
<b>Venue</b>	S1, 2 and 3	College Gym	M1, 2 and 3

## Workshops:

<b>Time</b> 7.25pm	VCAL/VET Information	Elevate Ed: Time Management / Study Skills	Earning a rewarding career in the 21st Century	How to parent young adults	Wellbeing: Dealing with the stresses of Senior School	VCE Information	VCE ATAR & Study Scores: How to understand the data?
<b>Presenters</b>	Kirsty Allan	Elevate Ed	Bruce Connor / External	Leigh Bartlett (BATForce)	Olivia Whitehead	Michael brown	Karen Perkins
<b>Venue</b>	M10	Gym	S5 & 6	M4	M8	S1, 2, 3	M1, 2, 3

## 5 Minute Changeover between Workshops:

<b>Time</b> 8.00pm	VCAL/VET Information	Elevate Ed: Time Management / Study Skills	Earning a rewarding career in the 21st Century	How to parent young adults	Wellbeing: Dealing with the stresses of Senior School	VCE Information	VCE ATAR & Study Scores: How to understand the data?
<b>Presenters</b>	Kirsty Allan	Elevate Ed	Bruce Connor / External	Leigh Bartlett (BATForce)	Olivia Whitehead	Michael Brown	Karen Perkins
<b>Venue</b>	M10	Gym	S5 & 6	M4	M8	S1, 2, 3	M1, 2, 3

# Senior Expo Evening 2019: Venue Map

**1** Administration

**2** MacKillop Centre (M rooms)

Ground Floor: Rooms M1 to M4  
1st Floor: Rooms M6 to M10

**3** Year 10 (S rooms)

Rooms S1, S2 & S3

**4** College Gym

